

## THANKS FOR EVERYTHING

By Worrall G. Sonastine (adapted from *Favorite Unity Radio Talks*, Unity Books, 1950)

Have you ever had someone say to you, “Thanks for everything”? Doubtless you have . . . This expression is usually prompted by some favor granted, some kindness expressed, some help rendered in a number of ways. These three words might well be the key to successful living: “Thanks for everything” . . .

From time to time we talk much about giving thanks and being grateful, but because of its importance to us I think it is a subject we can hardly exhaust. Giving thanks works like magic on all who come under its spell. It tugs at our heartstrings. It promotes goodwill, and it encourages good deeds. Yes, giving thanks exerts a tremendous influence on the world around us as well as on our own lives. It affects the very substance out of which all things are formed.

Giving thanks is something more than just a duty or a rule of etiquette that ought to be complied with. It is an act that sets in motion the dynamic power of Spirit, a power that works marvelously for good in our lives. Whenever good comes to us, no matter in what form, it is always accompanied by a feeling of gratitude. Sometimes we may fail to express it, but the feeling is there nevertheless.

You will note that I said the coming of good is always accompanied by a feeling of gratitude, not followed by it. This brings up a point that is most important to us in our daily living. As the coming of good is always accompanied by a feeling of gratitude, so the expression of gratitude is always accompanied by the coming of good. If you are inclined to doubt this, it can be proved by a little persistent practice on your part. Begin now to give thanks for that which you desire. It is ready for you in Spirit and will come forth at your command, and the best way to call it forth is to give thanks that it is already yours!

